

Pa [REDACTED]
 A [REDACTED]
 Date of Birth: [REDACTED]
 HC #: [REDACTED]
 Patient's Phone: [REDACTED]
 [REDACTED]
 Copy To:

L [REDACTED]
 Reference #:
 Patient ID: [REDACTED]
 Referring Site ID:

Date of Service: Aug 27 2025 07:36
 Reported on: Aug 28 2025 17:51

LifeLabs[®]
 Address: 100 International Blvd.
 Toronto, Ontario
 Canada M9W 6J6
 Telephone: (877) 849-3637
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| Test | Flag | Result | Reference Range - Units | Lab Lic. # |
|------|------|--------|-------------------------|------------|
|------|------|--------|-------------------------|------------|

Hematology #5623

| | | | | |
|----------------|--|-------|---------------|---------|
| WBC | | 9.2 | 4.0 - 11.0 | x E9/L |
| RBC | | 5.26 | 4.50 - 6.00 | x E12/L |
| Hemoglobin | | 156 | 135 - 175 | g/L |
| Hematocrit | | 0.495 | 0.400 - 0.500 | L/L |
| MCV | | 94 | 80 - 100 | fL |
| MCH | | 29.7 | 27.5 - 33.0 | pg |
| MCHC | | 315 | 305 - 360 | g/L |
| RDW | | 13.2 | 11.5 - 14.5 | % |
| Platelet Count | | 312 | 150 - 400 | x E9/L |

Differential

| | | | | |
|-----------------------|-----------|------------|-----------|----------|
| Neutrophils | | 4.7 | 2.0 - 7.5 | x E9/L |
| Lymphocytes | | 2.3 | 1.0 - 3.5 | x E9/L |
| Monocytes | | 0.6 | 0.2 - 1.0 | x E9/L |
| Eosinophils | HI | 1.5 | 0.0 - 0.5 | x E9/L |
| Basophils | | 0.1 | 0.0 - 0.2 | x E9/L |
| Immature Granulocytes | | 0.0 | 0.0 - 0.1 | x E9/L |
| Nucleated RBC | | 0 | | /100 WBC |

Biochemical Investigation of Anemias #5687

| | | | | |
|-------------|--|--|------|--------|
| Vitamin B12 | | 317 | >220 | pmol/L |
| | | >220 pmol/L: Normal, deficiency unlikely 150-220 pmol/L: Borderline, deficiency is possible <150 pmol/L: Low, consistent with deficiency | | |
| Ferritin | | 68 | | ug/L |

In absence of concomitant inflammation, Ferritin levels can be interpreted as follows:

- 30-50 ug/L: Probable iron deficiency
- 51-100 ug/L: Possible iron deficiency, if risk factors are present
- 101-300 ug/L: Iron deficiency unlikely
- =>600 ug/L: Consider test for iron overload

In patients with concomitant inflammation, use Iron Studies, including TIBC and Transferrin Saturation, to assess Iron Deficiency status.

For guidance, see www.hemequity.com/raise-the-bar

[REDACTED]

FINAL RESULTS

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General Chemistry

| | | | | | |
|---------------------------------|--|-----|------|---|-------|
| Hemoglobin A1C/Total Hemoglobin | | 5.4 | <6.0 | % | #5407 |
|---------------------------------|--|-----|------|---|-------|

Diabetes Canada 2018 Guidelines:

 Screening and Diagnosis:

- < 5.5 % Normal
- 5.5% - 5.9 % At risk
- 6.0% - 6.4 % Prediabetes
- >OR= 6.5 % Diabetes Mellitus***

***Regarding diagnosis: in the absence of symptomatic hyperglycemia, if a single laboratory test result is in the diabetes range, a repeat confirmatory laboratory test (FPG, A1C, 2hPG in a 75 g OGTT) must be done on another day for diagnosis confirmation.

 Monitoring: <OR= 7.0 %

Target in adults without comorbidities. Other targets may be more appropriate in children, elderly and patients with comorbidities.

 Results may not accurately reflect mean blood glucose in patients with hemoglobin variants, disorders associated with abnormal erythrocyte turnover, severe renal and liver disorders.

| | | | | | |
|-----------------------------------|--|-----|-----------|--------|-------|
| Creatinine | | 102 | 67-117 | umol/L | #5623 |
| Glomerular Filtration Rate (eGFR) | | 76 | See below | | |

Results rule out CKD stage 3-5. Assessment of urine ACR is required to definitively rule out or confirm CKD diagnosis. The KidneyWise toolkit (kidneywise.ca) recommends remeasuring eGFR and urine ACR annually for people with diabetes mellitus and less frequently in others unless clinical circumstances dictate otherwise.

Reference interval: =>60 mL/min/1.73m2

eGFR is calculated using the CKD-EPI 2021 equation which does not use a race-based adjustment.

| | | | | | |
|-----------|--|------|-----------|--------|--|
| Magnesium | | 0.77 | 0.70-1.00 | mmol/L | |
|-----------|--|------|-----------|--------|--|

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| Reproductive and Gonadal | | | | |
| Estradiol | | 109 | <162 pmol/L | #5687 |
| Dehydroepiandrosterone [DHEA-S] | | 2.0 | < 9.7 umol/L | |
| Testosterone | HI | 32.1 | 8.4 - 28.8 nmol/L | |
| | | Reference interval applies to AM collections. Total Testosterone levels may not reflect the biologically-active testosterone when SHBG levels are abnormal. | | |
| Testosterone Free | HI | 784 | 179-475 pmol/L | |
| | | Interpret free testosterone results with caution in presence of significant hypoalbuminemia. | | |
| | | Test method: calculation (Vermeulen A. et al, J Clin Endocrinol Metab 84:3666-3672, 1999) | | |
| Bone Markers | | | | |
| 25-Hydroxy Vitamin D | | 131.9 | 75.0 - 250.0 nmol/L | |

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